



Season 2019/2020

Coaches and Managers Handbook

**Stage 2
Under 12 and Under 13**



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Other documents:

Download from the MWJCA website <http://manlyjuniorcricket.nsw.cricket.com.au/>:

- MWJCA Safety Policy
- Competition Rules and Guidelines – Revision K, dated 31 August 2019

Download from the WRCC website: www.wakehurstredbacks.com.au/coaches-managers/:

- Game Day Procedures and Checklist
- Scoring Tips and Sheets
- MWJCA Safety Policy
- MyCricket Help

Working with Children check

Done online with Office of the Children's Guardian – only required if you don't have a child in the team you are coaching or managing: <http://www.kidsguardian.nsw.gov.au>

"PLEASE TAKE TIME OUT TO SIT DOWN AND SHARE WITH YOUR TEAM"



Welcome

On behalf of the Wakehurst Redbacks, I would like to welcome you to another season of junior cricket, and to thank you for the time and effort you will be contributing to our kids' sporting and social development.

As Club officials, we all bear a considerable responsibility not only to the safety, welfare and success of our children, but also to the standing of our Club in the community.

This Coaches and Managers Handbook will hopefully help you to run your team efficiently and with confidence. Please take the time to familiarise yourselves with the contents of this Handbook, and feel free to contact any Committee member with any questions or comments you may have.

Club Office Bearers

Position	Bearer	Phone	Email
President	Deanne Hutt	0416 183 482	president@wakehurstredbacks.com.au
Secretary / MWJCA Delegate	Bernadette Chang	0421 568 745	secretary@wakehurstredbacks.com.au
Treasurer	Julian Humphrey	0406 534 935	treasurer@wakehurstredbacks.com.au
Vice President – Blasters / MWJCA Delegate	Matt White	0423 151 210	blasters@wakehurstredbacks.com.au
Vice President – Juniors / MWJCA Delegate	Kevin Wesson	0418 727 622	juniors@wakehurstredbacks.com.au
Vice President – Girls	Karen Judson	0418 443 809	girls@wakehurstredbacks.com.au
Vice President – Seniors / MWCA Delegate	Blake Gregory	0425 202 442	seniors@wakehurstredbacks.com.au
Registrar / MWCA Delegate	Matthew Murray	0425 280 321	rego@wakehurstredbacks.com.au
Gear Steward	Warren Staples (acting)	0419 600 093	gear@wakehurstredbacks.com.au
Web News / Publicity	Blake Gregory	0425 202 442	webnews@wakehurstredbacks.com.au
Sponsorship	Laurie Zanella	0412 401 348	sponsorship@wakehurstredbacks.com.au

Club Nights

Friday evenings between **6:30pm and 7:30pm** is the time to collect balls and any extra **gear or clothing** that your team may require. The first clubhouse pick-up night will be **6th September** followed by 13th September then every second Friday thereafter excluding school holidays.



A full list of club open nights for the season can be found on the WRCC website at www.wakehurstredbacks.com.au/our-club/club-house-open-nights.

Handy Hints

- **Consider how the game should be played and ensure that your team always plays in the spirit of the game.**
Promote good SPORTSMANSHIP — encourage players to compliment the opposition on good play, clap the batsmen off when out and
NO SLEDGING — ON or OFF the field (including spectators)!
— REMEMBER we are all representing the Wakehurst Redbacks
- **Scoring I Score Books** — maintain on a weekly, match-by-match basis. Don't let it build up, or even worse, leave to the end of the season.
- **Results and statistics** — **submit** on MYCRICKET website — link via WRCC website.
LOGINS will be provided to Managers by the club.
Enter results from the **Score Book ONLY.**
Select your team in MyCricket Friday night before each game – for electronic scoring.
- **Wet weather** — All players must arrive at the ground at normal time (i.e. 20-30 minutes before the game). The two coaches will then decide on whether the game will proceed.
- **Coaches to introduce themselves** — confirm and agree on rules before game — prevent unnecessary/embarrassing situations during game.
- **Warm-up** should consist of a light run and stretching exercises.
- **Lightning** — 30/30 rule to apply — If there are less than 30 seconds between the flash of lightning and the thunder — leave the field. Stay off until 30 minutes has passed once gap is longer than 30 seconds, but above all **USE COMMON SENSE.**
- **Umpiring course** — Cricket Australia Community Officiating (Umpiring) Course will be held on Tuesday 17th September at Weldon Oval clubhouse (upstairs), Curl Curl (no cost), from 6.30pm – 9pm. Registration information is available at <https://www.wakehurstredbacks.com.au/>
- **MWJCA Stage 2 scoring evening** will be held on Wednesday 11th September from 7.30 – 9pm at St Augustine's College, Brookvale. A representative from each Stage 2 team needs to attend the evening.
- **Net/Centre wicket practice bookings** — Please ensure that the club is advised of your team's training time and location. Note that one net at Lionel Watts needs to be available for public use as per Northern Beaches Cricket Council guidelines.

ENJOY YOUR SEASON!

Deanne Hutt
President, WRCC

Season 2019/2020



Stage 2 Summary

Teams

- Nine players per side. No more than nine players from the bowling side on the field. Only nine players can bat, however, any non-batter(s) can bowl with up to 11 bowlers in total.
- For each match, four players shall be nominated as 'batters', three different players shall be nominated as 'bowlers', and two different players nominated as the 'wicket-keepers'. Wicketkeepers can bat in any position.
- It is expected that nominated batsmen and bowlers will be rotated throughout the season. The method and timing of rotation is at the discretion of the coach/manager/team.

Pitch and Boundary

- The pitch shall be 18m measured from stumps to stumps. This is easiest done by placing spring-loaded wooden stumps on the popping crease at each end (17.7m apart). Then mark a new popping crease at 1.22m from the spring-loaded stumps at each end.
- Bowling is from both ends.
- The boundary shall be no more than 35 metres for U12s and 40 metres for U13s, measured from the stumps at each end and the centre line of the pitch between wickets, i.e. a semi-circle at each end and straight line alongside the pitch.

Time and Overs

- All games are 30 overs per innings played over a maximum of four hours from 1.00pm for U12s and 8.00am for U13s.
- If the team bowling first fails to bowl 30 overs by 2.55pm, play is to continue until 30 overs have been bowled. The team batting second will then receive only the number of overs that they had bowled by 2.55pm in their innings (see 12.1.3 Time and overs in MWJCA rules document).

Batting

- Players nominated as 'batters' shall fill the first four positions in the batting order. The remaining players can bat in any sequence.
- If a batsman is dismissed they are out and must leave the field to make way for the new incoming batsman.
- A batsman must retire after facing 35 deliveries. If all batsmen are dismissed or retired, the retired batsmen are allowed to return to the crease in the same order as they retired and their score continues.



Bowling

- The three players nominated as 'bowlers' must have bowled at least three overs each by the conclusion of the 12th over of the innings.
- No-balls and wides are to be re-bowled - maximum of eight balls per over except the last over where six legal deliveries must be bowled.
- For a nine or eight-player team the maximum overs per bowler shall be four. For a seven-player team the maximum overs per bowler shall be five.
- All players are to bowl at least one over each (each wicket-keeper is to bowl one over).
- Coaches should rotate the numbers of overs bowlers deliver each week to ensure that all players have an equal share of bowling.

Fielding

- There shall be no more than nine players from the bowling/fielding side on the field at one time.
- Rotation of fielders is recommended to ensure all players experience all positions. If more than nine players are present at a match, they should rotate onto the field after each over.
- With the exception of the wicket-keeper and ONE offside slips/gully fieldsman, no player should be within 10 metres of the batter's popping crease (restricted zone).



Stage 2 Pitch Markings

MWJCA 201920 Rules Extract

1. The Pitch

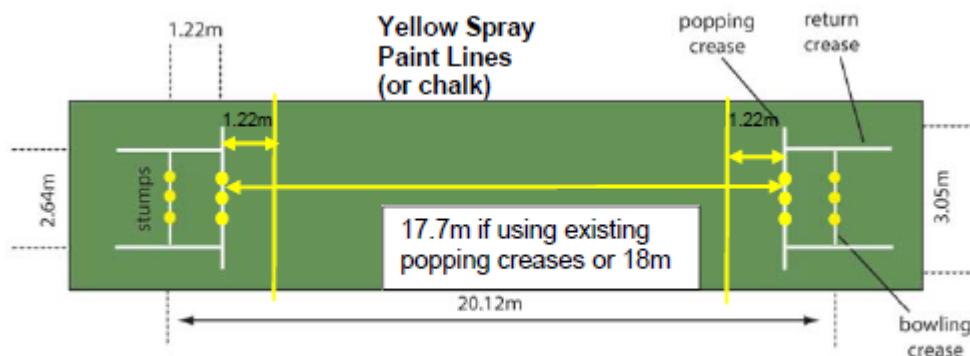
- Pitches may have creases marked for Stage 2 and Stage 1 using survey spray paint as follows:
 - Stage 1 – 16m pitches – Dark Blue spray paint is to be used to mark at one end a return crease and popping crease.
 - Stage 2 – 18m pitches – Yellow spray paint is to be used to mark popping creases 1.22m from the existing popping creases at both ends.

2. (Relates to Stage 1)

3. Under 12 and Under 13 Rules adoption of the Cricket Australia Junior Format Stage 2

3.1.1 Pitch and stumps

- a) The pitch shall be 18m measured from stumps to stumps.
- b) Recommended Option to use two sets of spring loaded wooden stumps and move stumps in at each end to the 2 crease lines (17.7m apart). Then mark a popping crease at 1.22m from the spring loaded stumps at each end. New popping creases to be marked in yellow spray paint (or chalk line).





Age Group Contacts

Age Group	Contact	Phone	Email
Girls Cricket	Karen Judson	0418 443 809	girls@wakehurstredbacks.com.au
Junior Blaster/ Master Blaster	Matt White	0423 151 210	blasters@wakehurstredbacks.com.au
Under 10	Sean Moran	0410 879 286	under10@wakehurstredbacks.com.au
Under 11	Madhura Bhagwat	0430 172 000	under11@wakehurstredbacks.com.au
Under 12	Kevin Wesson	0418 727 622	under12@wakehurstredbacks.com.au
Under 13	Brett McLennan	0488 939 500	under13@wakehurstredbacks.com.au
Under 14	Laurie Zanella	0412 401 348	under14@wakehurstredbacks.com.au
Under 15	Deanne Hutt	0416 183 482	under15@wakehurstredbacks.com.au
Seniors	Blake Gregory Matthew Murray	0425 202 442 0425 280 321	seniors@wakehurstredbacks.com.au

Check out our website for Teams, Fixtures, Match Results and Scores, Match Reports and News of Club and Association events.

www.wakehurstredbacks.com.au



Kit and Clothing

1) Basic Kit Issue (guideline only):

Item	U10	U11	U12	U13 to U16-18
Kit Bag	1	1	1	1
Bats	4	4	4	3
Batting Pads (Pair)	4	4	4	3
Batting Gloves (Pair)	4 RH, 1 LH	4 RH, 1 LH	4 RH, 1 LH	3 RH, 1 LH
Keeper's Gloves	1	1	1	1
Keeper's Inners	1	1	1	1
Keeper's Pads	1	1	1	1
Helmets	2	2	2	2
Thigh Pads	1	1	1	2
Protectors	4	4	4	4
Stumps	4	4	4	4
Bails	3	3	3	3
Mallet	1	1	1	1
Cones	20	20	20	20
Measure	1	1	1	1
First Aid Kit	1	1	1	1
Boundary Measure	30m max	40m	40m	50m

2) Lost or Damaged Gear:

Coaches are responsible for gear and should ensure that it is kept in good condition and, within reason, prevent damage to their kit. Any lost or damaged gear is to be reported or returned to the Gear Steward on Club Fridays.

3) Match Balls

Age Group	Ball Type	Ball Issue
Junior/Master Blaster	Soft yellow ball	N/A
U10 and U11	Kookaburra Rookie	As required
U12 and U13	Kookaburra Red King 142g	As required
U14 to Seniors	Kookaburra Red King 156g or Tuff Pitch 156g	Each match

Used match balls are to be used for training and as such are kept in the kit and returned at the end of the season.



Kit and Clothing (contd.)

4) Other Kit items:

Chalk and replacement bat grips are available at clubhouse open Fridays if required.

5) Left-handed Gloves:

Left-handed gloves are available from the clubhouse if required.

6) Shirts and Hats:

These will be available for sale on Club Fridays from the Gear Steward.



Codes of Behaviour

Coaches

- Remember that young people participate for pleasure and winning is only part of the fun.
- Never ridicule or yell at a young player for making a mistake or not coming first.
- Be reasonable in your demands on players' time, energy and enthusiasm.
- Operate within the rules and spirit of your sport and teach your players to do the same.
- Ensure that the time players spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
- Avoid overplaying the talented players; the just-average need and deserve equal time.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
- Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage players to do the same.
- Show concern and caution toward sick and injured players. Follow the advice of a physician when determining an injured player is ready to recommence training and competition.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young people.
- Any physical contact with a young person should be appropriate to the situation and necessary for the player's skill development.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

Officials

- Modify rules and regulations to match the skill levels and need of young people.
- Compliment and encourage all participants.
- Be consistent, objective and courteous when making decisions.
- Condemn unsporting behaviour and promote respect for all opponents.
- Emphasise the spirit of the game rather than the errors.
- Encourage and promote rule changes that will make participation more enjoyable.
- Be a good sport yourself. Actions speak louder than words.
- Keep up to date with the latest trends in officiating and the principles of growth and development of young people.
- Place the safety and welfare of the participants above all else.
- Give all young people a 'fair go' regardless of their gender, ability, cultural background or religion.



Codes of Behaviour (contd)

Players

- Play by the rules.
- Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition.
- Control your temper. Verbal abuse of officials and sledging of other players, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport.
- Work equally hard for yourself and/or your team. Your team's performance will benefit, so will you.
- Be a good sport. Applaud all good plays whether they are made by your team or the opposition.
- Treat all participants in your sport as you like to be treated. Do not bully or take unfair advantage of another competitor.
- Cooperate with your coach, team-mates and opponents. Without them there would be no competition.
- Participate for your own enjoyment and benefit, not just to please parents and coaches.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

Parents

- Remember that children participate in sport for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children always to play according to the rule and to settle disagreements without resorting to hostility or violence.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Remember that children learn best by example. Appreciate good performances and skilful plays by all participants.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decision and teach children to do likewise.
- Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.