

Return to Training Guidelines 2021-22



CRICKET NSW

As at 11 October 2021

KEY DIFFERENCES FROM A COVID-19 SESSION TO A 'NORMAL / TYPICAL' TRAINING SESSION

Everyone...

- All participants need to be fully vaccinated to attend training
- showing any signs of **illness or COVID-19** should not attend training.
- needs to use the Service NSW app or complete an attendance register to check-in / check-out.
- must always maintain a safe distance from others (minimum 1.5m).
- should avoid spending time inside clubrooms / changerooms.
- wear masks as directed by the NSW State Government or Cricket NSW

Players...

- should have downloaded the Service NSW app to their mobile phone.
- should arrive ready to train (to avoid need to change at facility).
- should check in by use of a QR code via the Service NSW app, or on an attendance register.
- leave kit bags in their car or at designated group spot.
- remain in their group for the entire session and leave following the completion of training.
- shall not share any communal food (e.g. cut fruit, lollies) or drink (e.g. cordial jug).

Administrators, Coaches, Assistant Coaches, Team Captains and Team Manager...

- should ensure a QR code is readily available to check in via the Service NSW app, or an attendance register
- ensure a Covid Safety Plan is in place
- should remind attendees that they need to check in.
- should monitor the total training group size and ensure social distancing.

General differences...

- COVID-19 signage should be prominently displayed at the nets, inside and outside of clubrooms / changerooms to help remind everyone of requirements.
- sanitiser readily available for use before, during and after training.
- training balls have been allocated for each group to use for the session. Balls are to be cleaned with an approved wipe / spray whenever groups change over. It is preferred however that bowlers bring their own ball to training and use this in the nets only.
- to use any areas of the facility / building on training nights, the club must have obtained permission to use the facility / changerooms from the council and clean the potential contact points touched before or after use (or directed by the council).
- minimise non-essential attendees at training to ensure that attendance numbers remain under NSW State Government mandated guidelines.

Should any club need planning assistance, check out the CNSW website (including the FAQs). If further help is needed, contact can be made with any of the following:

- your local CNSW staff member: Cricket Manager, Area Manager and the Coach and Talent Specialist.
- your local Association.
- your local council.

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COVID-19 CRICKET TRAINING SESSION

ONE PAGE PLAN

This optional guide may be used by clubs as a one-page plan for training sessions. It is important that Clubs develop their own COVID safe plan and ensure that it addresses any state and local Government requirements.

Further guidance for each dot point is then listed separately on the pages to follow.

Before the session:

- COVID-19 Hygiene, Social Distancing and QR Code 'check-in' / 'check-out' signs are always displayed and available.
- all attendee's 'check-in' using the QR Code via the Service NSW app, or a sign in using an attendance register.
- ensure adequate training equipment is available to minimise sharing.
- if any indoor facilities are open, ensure they are regularly cleaned and applicable density limits are strictly adhered to.
- appropriate sanitiser and wipes are available in easy to find locations.
- communicate training groups to players and have designated areas for each group to store their equipment.

During the Session:

- remind attendees to check in if they haven't already.
- all attendees must use hand sanitiser on arrival and re-apply regularly.
- train in groups as mandated by NSW State Government guidelines. Groups do not mix with other groups at any stage before, during or post session.
- all attendees are to refrain from spitting, nasal clearing and shall not use sweat or saliva on training balls.
- training balls should be allocated to each group and stay with that group for the session.
- players should be dressed ready to train and no personal playing equipment is to be shared unless it has been wiped/cleaned between each use.
- all attendees adhere to facility signage directions and maintain a 1.5m distance from others.

After the session:

- all attendees are to 'check out' using the Service NSW app or the attendance register – this is for contact tracing assistance.
- designated officials are to wipe down / spray and store any equipment that has been used (including training balls) and any facility touch points.
- store any temporary signs and sanitiser.

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DETAILED GUIDANCE TO SUPPORT THE TRAINING PLAN

The following is general in nature and should not be relied upon as legal advice or a comprehensive statement of obligations.

It is designed to provide additional information to the one-page checklist.

While all care has been used in preparation of this guide to the date below, information and guidance is changing rapidly.

Associations and Clubs should remain vigilant and ensure that they familiarise themselves with the latest COVID-19 advice from the NSW State Government, Cricket NSW, your local Council and other relevant authorities and obtain advice where necessary for your specific circumstances. If in doubt, check first.

BEFORE THE SESSION (FURTHER INFORMATION)

Facility COVID-19 signs all up and visible.

Signs and posters can be downloaded from Cricket NSW – www.cricketnsw.com.au as well as the NSW State Government web site – www.nsw.gov.au

Posters in a variety of different languages can also be downloaded from the **NSW State Government** web site.

The 'check-in' / 'check-out' posters using QR codes and linked to the Service NSW app are available at all times and used by all training attendees.

Masks should be worn in line with NSW State Government and CNSW guidelines.

Contact tracing at all cricket activities is critical. A 15 second contactless check-using a QR code and the Service NSW app in via a mobile phone is recommended which will assist the NSW State Government in the event of a case being confirmed at the venue.

It will also allow people who were in attendance to isolate for the prescribed period should a suspected or confirmed case arise. If a player or official has symptoms they should immediately leave training and only return after receiving a medical clearance and/or received a negative COVID-19 test result (preferred).

Any training equipment that will be used (e.g. balls, cones etc) have been cleaned between each group.

As COVID-19 can be spread through touching a surface that the virus lives on, minimising the number of training items to be used will reduce the likelihood of the virus spreading and reduce cleaning time. Training balls should be cleaned with a minimum 70% - alcohol (ethanol or isopropyl alcohol (IPA) based antibacterial wipe or spray between training groups and / or every 30-40 minutes - with minimal sharing during a session.

The benefits of the facility (except toilet access) being closed are to reduce cleaning requirements and the spread of infection - this includes changerooms and social areas. Any areas of the facility that may be touched (toilets, door handles etc) need to have been cleaned before attendees arrive.

If the facility is open (with council approval) and areas touched will need to be cleaned before and after use and noting industry restart hospitality guidelines including the 'four and two square metre rule' and use of density signage

As wipes will be used, having adequate bins (with bin liner) available will be important. Bins should then be cleaned after use.

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To appropriately clean the facility, contact your local facility owner/manager (e.g. council) for guidance and adhere to this guidance as a minimum.

Appropriate sanitiser and wipes are available in easy to find locations.

Wherever clubs chose to buy their alcohol based antibacterial wipes/spray from, these are to be a minimum 70% - alcohol (ethanol or isopropyl alcohol (IPA) based antibacterial wipe or spray.